

FOR IMMEDIATE RELEASE

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Pauline Irene Stacey, pauline@paulineirenestacey.com  
(Haskmark Publishing)



LAY YOUR HOUSE-CLEANING BLUES TO REST; PAULINE IRENE STACEY IS HERE TO RESCUE YOU FROM THE DRUDGERY AND TEACH YOU HOW TO FREE UP MORE TIME FOR YOU.

THE only book of its kind that describes “How” to clean a home. Pauline Irene Stacey gives you step-by-step instructions and tips on how to perform weekly cleaning in three hours or less. You will never again clean your house the same way; you will have an entirely new technique and a whole new attitude! This book has time-saving advice to increase the quality of your personal life and leave you with a peace of mind and a clean home!



This book will teach you how to save time and money with practical solutions to everyday common problems of keeping your home clean. You will never again spend an entire Saturday performing weekly cleaning chores. Pauline comes to your rescue and explains why we do not like housecleaning and gives basic tips on making the job more pleasant and fast through a simple system.

“If you think you have no time to clean, Pauline Stacey will ensure that you reclaim your lost hours of the day with her expert cleaning advice. No Time to Clean? Listen to Pauline! puts power back into the hands of her reader by encouraging a shift in mindset and the use of simple but effective cleaning tips and tricks.”

Peggy McColl

New York Times bestselling Author

No Time to Clean? Listen to Pauline! will give you that valuable time with the ones you love. A book on a stage all by itself and so relatable and useful literally to everyone. Pauline Irene Stacey will leave you with a peace of mind knowing your home is clean and you have time for you.

It is available to buy worldwide in July 2021. Please go to [www.paulineirenestacey.com](http://www.paulineirenestacey.com) or [www.amazon.com](http://www.amazon.com) to get your copy.

For press enquiries and to set up an interview, please contact [pauline@paulineirenestacey.com](mailto:pauline@paulineirenestacey.com)

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